

IoT Based Intravenous Drip System

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Abstract - Intravenous (IV) therapy is a cornerstone of healthcare, providing a direct and efficient way to administer fluids, medications, and nutrients to patients. However, traditional IV systems are dependent on manual supervision, which increases the risk of errors such as air embolism, backflow of blood, delayed bottle replacement, and inconsistent fluid flow. These challenges, coupled with the rising demands on healthcare professionals, highlight the need for automation and IoT-based solutions to ensure patient safety and operational efficiency. This paper introduces an Advanced IV Drip Monitoring System with IoT Technology, leveraging advanced technologies to address these challenges.

Keywords – IoT; Intravenous Drip; Automation; Healthcare.

1. Introduction

The intravenous (IV) drip system is a cornerstone of contemporary medical treatment, enabling the direct administration of fluids, medications, nutrients, or blood products into a patient's bloodstream. This system facilitates the rapid and controlled delivery of therapeutic substances, providing a vital means of care in various clinical settings ranging from emergency rooms to long-term outpatient care. At its simplest, an IV drip system includes a sterile fluid container, typically a plastic bag, connected through tubing to a cannula inserted into a vein. The flow of fluid can be regulated either manually using a roller clamp or automatically through an infusion pump. While the traditional gravity-based manual system remains prevalent due to its simplicity and low cost, automated infusion pumps have become increasingly common, offering precision, programmability, and enhanced safety features such as alarms and digital monitoring [1].

The introduction of sterile plastic IV bags replaced bulky and breakable glass bottles, improving hygiene and convenience. Subsequently, the development of infusion pumps revolutionized fluid therapy by allowing precise control over the rate and volume of fluid delivery, reducing the potential for human error. These pumps incorporate sensors and alarm systems to alert healthcare providers to occlusions, air bubbles, or other complications, enhancing patient safety. Moreover, integration with hospital electronic medical records has modernized IV therapy, enabling real-time monitoring and data analysis to further optimize treatment outcomes [2].

The necessity of IV drip systems is rooted in their ability to deliver drugs and fluids rapidly and reliably, especially when other routes of administration are impractical. Additionally, some medications cannot be administered orally because they are degraded in the stomach or poorly absorbed, further underscoring the need for IV delivery systems [3].

Modern IV monitoring has evolved significantly with the introduction of **automated infusion pumps**. These devices can be programmed to deliver precise volumes of fluids over specific time

intervals, ensuring a high degree of accuracy. They also feature built-in alarms that alert caregivers to issues such as air-in-line, occlusions, low battery, or completion of infusion. Advanced models are capable of adjusting flow rates in response to patient feedback or external monitoring data, thereby offering a more dynamic and responsive form of therapy [4].

IoT-driven solutions enhance and continue to change patient care by enabling timely interventions, reducing errors, and upgrading healthcare services. Research on smart saline bottles shows that IoT-powered solutions improve patient care dramatically [5]. These systems use a variety of IoT technologies to keep fluid administration seamless, automated, and efficient by continually monitoring real-time patient data, reducing the need for human intervention by healthcare providers. Automated IV infusion systems continually monitor patient health and alter the fluid infusion rate in real time, resulting in accurate and optimum fluid supply [6]. Advanced functionality reduces fluid administration mistakes and improves treatment precision. Furthermore, the hazards of excessive or inadequate fluid infusion—which might lead to problems including edema and dehydration—are considerably reduced [7].

Automating the monitoring process decreases healthcare workers' burden, allowing them to focus on vital patient care while routine monitoring activities are delegated to automated technologies. This strategy improves resource utilization and saves operating expenses in healthcare facilities by reducing the need for regular manual IV checks. Furthermore, IoT-enabled IV monitoring devices with smart alarm systems allow for faster responses to issues such as blockages or air bubbles in IV fluids, which improves patient safety [8].

This work proposes an IV Drip Monitoring System integrated with Internet of Things, aimed at addressing the limitations of conventional IV systems. The proposed system employs load cell sensors for precise, real-time monitoring of fluid levels in the IV container. When fluid levels reach predefined thresholds, servo motors automatically activate to clamp the IV tube, thereby preventing air entry or blood reflux. At the core of the system lies the NodeMCU microcontroller, which processes sensor data and manages hardware operations seamlessly.

2. Methodology

The administration of intravenous (IV) fluids is a cornerstone of modern medical care, used to deliver essential nutrients, medications, and hydration directly into a patient's bloodstream. Despite its critical role, conventional IV systems rely heavily on manual monitoring, which can lead to errors, delays, and potential risks such as air embolism or inadequate fluid delivery. These issues underscore the need for an automated solution that ensures precision, enhances safety, and minimizes human intervention. This paper introduces an automated IV drip monitoring system that employs a load cell, a servo motor, and a bottle selector mechanism. Designed with cutting-edge technology, this system offers real-time fluid monitoring, automated drip flow control, and proactive alert mechanisms. It addresses the limitations of manual systems while aligning with the demands of modern healthcare facilities. By leveraging automation and precision engineering, this innovative approach aims to improve patient outcomes, optimize resource management, and set a new standard in intravenous therapy monitoring. The following sections delve into the system's components, technical

specifications, applications, and future prospects, providing a comprehensive overview of its potential impact on the medical field.

Intravenous (IV) therapy is a fundamental aspect of modern medicine, playing a critical role in delivering fluids, medications, and essential nutrients directly into the bloodstream. The effectiveness and safety of this therapy hinge on accurate and continuous monitoring of the IV drip system. Neglecting this crucial aspect can lead to severe complications, including underdosing, over-dosing, or even life-threatening air embolism.

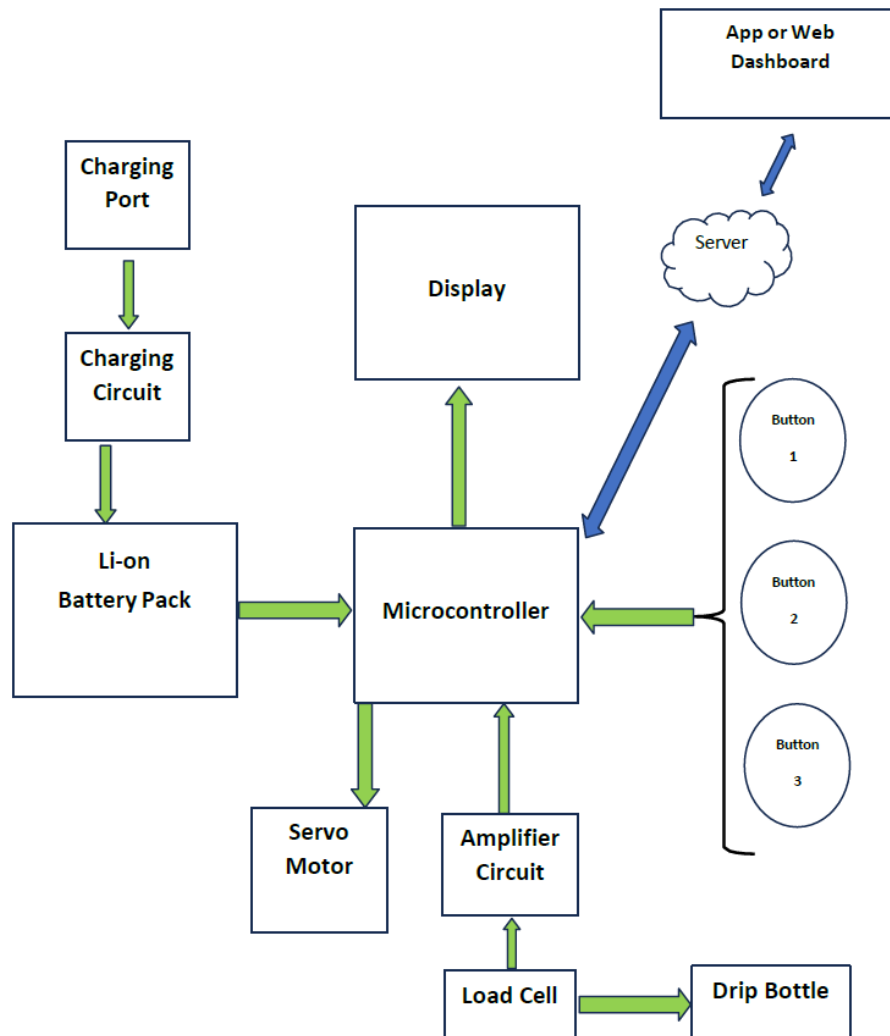


Fig 1. Flow diagram for the proposed model

3. Conclusion

The concept of automated IV drip monitoring has garnered significant attention in recent years due to its potential to enhance patient safety and streamline hospital operations. Various studies have explored the integration of load cells, microcontrollers, and servo motors to create intelligent IV systems, addressing common issues associated with manual monitoring.

Studies demonstrate IoT-based systems using load cells, sensors, and GSM modules to monitor and control IV fluid levels remotely. Systems utilize flow sensors, IR sensors, and weight sensors for precise fluid level detection and automatic alerts to caregivers.

Enhanced patient safety, reduced nurse workload, and real-time monitoring are key advantages highlighted in research. Challenges include initial setup costs, power dependency, and the need for periodic calibration.

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